

#KnowTheSigns of Modern Slavery

None of these indicators in isolation or combination can give you complete certainty, however you do not need to be certain to report your concerns.

Someone who is potentially being trafficked or exploited in modern slavery may be:

- Easily startled, agitated or afraid
- Unsure of where they are and lack official ID
- Unable to explain injuries or possessions
- Looking unkempt or malnourished
- Living in dirty, cramped or overcrowded accommodation
- Accompanied by a suspicious companion
- Children can be dressed up to look older than they are
- Secretive about who they're meeting, talking to or what they're doing online



Online Quiz

Take this online quiz from
**Stop the Traffik - Can you
#spotthesigns?**

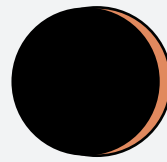
Analysing the Situation

Asking yourself the following questions will help you analyse a situation you may witness or be aware of in the future.

- What am I looking at? Do I know what I'm looking at?
- Is modern slavery a potential? Could this be something to report?
- Is this time critical or not?
- What might be the consequences if I do report it?
- What might be the consequences if I don't report it?
- If I don't report, might no one else have the ability or opportunity to report it? What might happen to the person?

Potential victims of modern slavery may:

- be reluctant to come forward with information
- not recognise themselves as having been trafficked or enslaved
- tell their stories with obvious errors



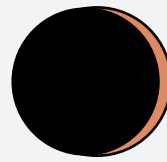
What to do if someone you know tells you they are being exploited:

If a friend or someone you know discloses that they are being trafficked or exploited, it is essential to respond with care and take immediate action to ensure their safety and well-being.



Steps to follow:

- **Stay Calm and Listen:** Offer a non-judgmental, supportive environment for them to share their experience. Let them know that you believe and support them.
- **Ensure Safety:** If your friend is in immediate danger or needs urgent medical attention, call emergency services (e.g. 999 or the appropriate emergency number in your country) right away.
- **Encourage Open Communication:** Let them know that their safety is a priority and that you are there to help. Encourage them to share any additional information they feel comfortable disclosing.
- **Do Not Investigate on Your Own:** Avoid trying to intervene directly or contacting the traffickers/exploiters yourself, as it may put your friend in more danger. Instead, seek professional help.
- **Contact Law Enforcement or Helpline:** Contact a human trafficking helpline - in the UK, you can call the Modern Slavery Helpline on 08000 121 700. You can also report the situation to the police, but be aware that the person being exploited may be wary of law enforcement's involvement and prefer to speak to a helpline first.
- **Offer Emotional Support:** Let them know that they are not alone and that you are there to support them throughout the process. Empathy and understanding can make a significant difference during such a challenging time.
- **Respect Their Wishes:** Respect your friend's decisions and autonomy. Understand that they might be hesitant to take action due to fear or other concerns. Avoid pressuring them to take steps they are uncomfortable with.
- **Maintain Confidentiality:** Keep the information shared by them confidential, except when required by law or when seeking help from authorities or support organisations.
- **Encourage Professional Guidance:** Suggest that your friend seeks professional help from a counsellor, therapist, or support group specialising in trauma or human trafficking recovery.
- **Follow Up:** Stay connected with your friend and continue offering your support. Let them know that you are available to help whenever they need it.



Reporting Modern Slavery

If you suspect someone is being exploited or trafficked, there are a number of ways that you can report:

- Call the **Modern Slavery Helpline on 08000 121 700** or fill out an online form
- Contact the Gangmasters and Labour Abuse Authority to report concerns about the mistreatment of workers on 0800 432 0804, or by email intelligence@gla.gov.uk
- **Contact Crimestoppers on 0800 555 111**
- **Contact the police on 999**; although be aware that potential victim-survivors may not want to involve the police
- In an emergency, always call 999
- Outside of the UK, you can find reporting mechanisms for every country here: itsapenalty.org/MakeAReport