

If you or someone you know are being exploited, you can call the **UK Modern Slavery & Exploitation Helpline** on **08000 121 700**

Free Confidential Open 24/7 Available in 200 languages Part of leading anti-slavery charity [Unseen](#)

The Helpline provides information, advice and guidance about any modern slavery issue to:

- Potential victims & survivors
- The public
- Statutory agencies such as the NHS and police
- Businesses



What happens when you call the Helpline

1. Speak to an advisor

You'll get through to a trained adviser who can help you with a range of options, including:

- Helping you or someone else get access to support services
- Reporting something you've seen or are concerned about
- Advice about abuse, exploitation or modern slavery
- Getting more information about training and raising awareness

2. Give your details in confidence or anonymously

You have a number of choices about what happens with your personal details. You can:

- Agree that you are OK about the Helpline sharing your details with others e.g. with police and/or a service provider
- Ask that your details are kept confidential. This means you are willing to give your details to the Helpline and be contacted by them, but want to remain anonymous to others
- Ask that your details are kept anonymous. This means you do not want to give your details to the Helpline and/or others

The Helpline will always seek your consent before providing your details to others, unless:

- They think you or another person is in imminent danger
- They think there is a situation involving child abuse or danger to a person under the age of 18

The Helpline always ensures that there are appropriate controls in place to protect your personal details.

3. Adviser makes an initial safety check

When you speak to the Helpline, they'll always start by checking you're in a safe place and can speak safely, and whether you're hurt or need urgent help.

They will also ask if they can call you back or contact you again, agreeing with you how and when it is best to do so.

4. What do you need?

The Helpline will work with you to find out all we can about why you are calling. This helps them make a decision about what to do next.

This assessment will include asking detailed questions such as what has happened, when it happened, and who is involved.

5. Next steps

The Helpline will then talk through potential options that might be available which could include:

- Helping you with a referral to a service
- Reporting information about a potential slavery/trafficking case to the police or other relevant agency
- safety planning
- Confirming no immediate action will be taken if you don't want it to, but encouraging you to contact the Helpline again if you need help or can provide more information
- Agreeing to contact you again for more information in order to provide referrals and other resources or coordinate next steps

REPORT ONLINE

You can also report any concerns you may have to the Helpline through an online form - [click here to visit the website page](#)